



CLERK TO CERTIFIER AGENDA 2005

Tuesday

- 8:30 **Welcome and Introductions**
- Overview of today's agenda
 - Warm-up activity
- 8:45 **You & WIC**
- Program integrity
 - Valuing the WIC client as an adult learner
 - WIC's mission & vision
 - Your changing role - becoming a CPA
 - The certification process
- 9:30 **Anthropometrics & Nutrition Risks**
- Accurate techniques for weighing and measuring
 - What's weight gain got to do with it?
- 10:15 **Break**
- 10:30 **Anthropometrics & Nutrition Risks - continued**
- Assessment tools
 - Practical applications for the new CPA
- 11:45 **Lunch**
- 1:00 **Anthropometrics & Nutrition Risks - continued**
- Determining medical risk
 - Applying & practicing what you know
- 3:00 **Break**
- 3:15 **Flowsheet and Care Plans**
- Putting the pieces together
 - Planning the flowsheet for CPA's
- 4:30 **Travel**
- 4:45 **End of Day**





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Wednesday

8:30 Daily Review

8:45 Diet Assessment

- Assessing diet to determine dietary risk
- Servings, portions and real people
- Counseling skills & motivating behavior change

10:15 Break

10:30 Diet Assessment continued

11:30 Referrals

- Knowing your community
- Mandated referrals & documentation policies
- Referring WIC clients to important services

12:00 Lunch

1:15 Hematology

- Facilitated discussion about iron & anemia
- Discussion of techniques and proper application of results
- Counseling WIC clients about iron status

3:00 Break

3:15 Nutrition and Breastfeeding Education

- Providing Nutrition Education in WIC
- Adult learner concepts
- Resources & materials
- Providing breastfeeding education
- Breastfeeding tools, resources and staff learning opportunities

4:45 End of Day

